



Co-op Academy
Bebington

SIXTH FORM – SUBJECT INFORMATION

BTEC Sport Level 3 National Extended Certificate in Sport (1 A level equivalent)

Entry Requirements:

5 GCSEs at grade 4 or above including English.

Is this course for me?

On this course you will learn about the principles of anatomy and physiology and develop an understanding of fitness testing for sport and exercise. You will explore fitness training and programming, analysis of performance in team and individual sport and debate current issues that affect sport today. This course is suitable for those who possess a passion for sport

Where does it lead?

Supporting over 450,000 jobs in the UK, sport is a £20bn industry and this fast-growing sector now ranks among the top 15 mainstream activities in the economy. You may choose to continue your studies at university and work at the cutting edge of elite sport, supporting top athletes as sports scientists, sports psychologists, strength and conditioning coaches, sports therapists or coaches. Alternatively, you may opt to pursue a career in teaching or working within the health sector. Opportunities in sport today are exciting and vast.

How will I be assessed?

BTEC Level 3 Nationals in Sport qualifications take a unit-by-unit approach and offer a combination of assessment styles. This gives you the opportunity to showcase skills and apply knowledge in an appropriate, work-related context. Assessments include assignments that are written and have practical elements. You will also sit two external exams one in Anatomy and Physiology and the other in Fitness Training and Programming.

If you require more information, please contact Mr Ridd via daniel.ridd@coopacademies.co.uk